



News Shots

ICSI News – 1st March 2022

This week in News Shots: Notice of AGM, Subscriptions for 2022/23, New Website Launch Date, Eye Dominance Zoom Seminar Summary, CPSA and BASC Updates, Something to watch.

icsimembership@gmail.com

Notice of the 2022 AGM

**The Annual General Meeting of the Institute of Clay Shooting Instructors will take place on:
Monday 4th April at 11:00am
at
Nottingham and District Gun Club,**

Longthorne Guns will be present to allow members the opportunity to shoot their guns and Jim Stewart has also kindly agreed to check members shotguns for “steel” proof marks and to advise members regarding the proof of their guns.

For those wishing to stay for lunch there is a £12:50 contribution

For those wishing to attend please inform the Secretary by email on:

icsi.zoomreply@gmail.com.

Payment may be made by Bank transfer or by cheque
(Please see Bank Details under Subscriptions for 2022-23 below.

Bookings should be made by Monday 28th March 2022 in order that we may inform the venue of our needs.

Your Chairman and Council look forward to seeing you there and enjoying each other's company particularly with the chance to shoot the range of Longthorne shotguns.

Unfortunately, due to technical restraints it will not be possible to Zoom this meeting.

Continued

ICSI WEBINAR ON EYE DOMINANCE IN THE CONTEXT OF SHOTGUN SHOOTING

By Rob Clackson A.I.C.S.I.

Summary of Zoom Seminar

To make a pointing judgement with a shotgun requires at least two reference points.

The forward reference point is provided by the bead or the rib in the vicinity of the muzzles. The rear reference point is provided by one of our eyes. This is effectively the rear sight.

The purpose of correct gun fit and consistent gun mount is to position the shooter's eye (rear reference point, or REFERENT EYE) in exactly the right place behind the shotgun action. This position must allow the aligned eye to have an unobstructed view of the target. The shooter is in effect attaching the rear sight to the action.

We have two eyes which may not work with equal efficiency. This can give rise to the preferential use of one eye compared with its fellow to accomplish a specific task.

The consensus amongst vision scientists and researchers is that there are different types of eye dominance, and these different dominances can coexist in the same individual depending on the method of testing and the task.

MOTOR DOMINANCE is assessed by finger pointing or by sighting through an aperture which is moved back to the face.

ACUITY DOMINANCE refers to the predominant use of the eye with the sharper image.

SENSORY DOMINANCE is assessed by briefly flashing a different image independently to each eye in turn. The individual records which image they are conscious of seeing more often. This is part of a process known as retinal rivalry.

It follows from this that the use of the term eye dominance can be ambiguous and confusing.

From the moment the shooter first sees the target, the VISUAL PICKUP POINT, to the instant the shot is taken the instructor needs to know which eye is providing most visual input. This eye will be acting as the rear reference point / referent eye. This visual input combined with technique, muscle memory etc allows us to compute the appropriate gun movement to achieve a hit.

Possibly the best way of determining which eye is being used as the REFERENT EYE is an initial proven empty gun mounted to the instructor's eye. This also gives vital gun fit information and is closest to the actual optical task when shooting. Next watch the client shoot at various targets. The straight going away and straight driven targets are most informative. A consistent miss to the right or left associated with an off-eye reference point is usually identifiable.

For the Instructor to give accurate advice on eye problems more information is required. Ask a few questions. Do you wear spectacles or contact lenses for distance tasks such as driving or TV? Is there any history of eye problems as a child such as patching for a lazy eye or an operation to straighten the eyes? When did you last have a sight test? Following an optometric eye test a spectacle prescription will be issued. It should be possible (with an explanation of why this information is required) to ask for both unaided and corrected visual acuities of the right and left eyes and if stable binocular vision and stereopsis is present.

If this information is unavailable, consider doing a simple car number plate test. Cover each eye in turn and ask the shooter to read a number plate at 20m. This is the minimum legal driving requirement and is equivalent to 6/12 Snellen or 50% of normal good vision. If you can read the plate at 40m you have 6/6 Snellen which is 100% of normal good vision. Take note of any difference between the two eyes as this could give rise to ACUITY DOMINANCE in the off eye.

In conclusion, simply occluding one of the novice shooter's eyes without having much more detailed information could be the wrong advice.

Continued



News from the CPSA

Courses with the CPSA

The CPSA Courses are now published in their Pull Magazine and on-line. To view the courses please follow the link and if you know a shooter who completes their L1 or L2 course successfully, let them know about your Institute.

[Pull-Jan-Feb-2022.pdf](#)

Shotgun Certificate Delays

With the difficulties experienced by those wishing to renew their shotgun certificates the CPSA has issued the following advice. The full article may be viewed on their website.

[Shotgun Licence Renewal issues - CPSA](#)

As long as you have submitted a valid renewal application **at least eight weeks** before your certificate was due to expire, you will automatically be granted an 8-week extension of your current certificate. However, your application will only be classed as valid and complete if you have also paid the renewal fee **and** supplied the obligatory medical form signed and stamped by your GP at least eight weeks before your certificate expires. Members are therefore advised to contact your GP surgery at least three to four months before expiry of your certificate to ensure you get the signed medical form in good time to submit your renewal application early enough to benefit from the automatic extension.



News from BASC

A recent study indicated that the transition from lead to non-toxic ammunition has stagnated. BASC has looked into this and the article linked below indicates what BASC thinks is the more realistic situation.

[The lead shot transition: solid progress on the ground - The British Association for Shooting and Conservation \(basc.org.uk\)](#)

Care of Chokes



Just recently the Kibworth Gun Shop has seen several shotguns presented to the staff where the chokes are really stuck firm in the barrels. Investigation often leads to owners admitting that they have not removed or cleaned their chokes in a long time or in some cases neglecting to clean their guns even after a damp day shooting.

At Kibworth we have a tool for removing stubborn chokes. It resembles a raw bolt and basically expands to grip the choke and then

a spanner is used to wind the choke out. However, some chokes are so tightly stuck that any major twisting motion on this tool can result in the barrels twisting. At this point the customer has two options, take the gun away and soak the barrel end in diesel or penetrating fluid and see if that frees the chokes or send it direct to a gunsmith.

Continued

All this grief can be avoided by regular movement of the chokes between shoots and careful cleaning of the gun and chokes after shooting and the application of a suitable grease on the threads of the chokes when replacing them into the barrels.

Another problem we have seen recently is the rippling of barrels caused by chokes not being screwed in properly so that they form a gas seal between chokes and barrels. Chokes should not be over tightened but conversely, they should not be loose. A “snug” fit is all that is needed. The use of a Teague choke key often gives the correct degree of tightness to the choke in the barrel.



UNDERSTANDING CHOKES

Choke size (UK)	Choke size (US)	12-bore construction	20-bore construction	% of Shot in 30in Circle at 40 yards
True Cylinder	Cylinder	0.00°	0.00°	40%
Improved cylinder	Skeet	0.005°	0.00°	50%
Quarter	Improved cylinder	0.01°	0.007°	55%
Half	Modified	0.02°	0.014°	60%
Three-quarters	Improved modified	0.03°	0.021°	65%
Full	Full	0.04°	0.27°	70%

Subscriptions for 2022-23 Due 1st March 2022

Members will have received an Invoice by email for their records and may make their subscription payment by any of the following methods. If you have already paid, thank you for your payment and please keep the invoice for your records. For those who have not yet paid the methods of payment are listed below.

Subscriptions become due on 1st March 2022.

Associates £50:00

Members £60:00

Fellows £70:00

You can pay your annual subscription –

Either by

Standing Order (Orders should be dated such that payment is received not later than 21st February each year. Please use your membership number as part of your reference)

Continued

Bank Transfer, .(Please use your membership number as part of your reference.)

PayPal through the New Website or

Cheque, (Cheques should be made payable to either “The Institute of Clay Shooting Instructors” or “The I.C.S.I.” and addressed to: Mr J. Cullinan, 25, Andrew Close, Stoke Golding, Nuneaton, Warwickshire, CV13 6EL).

ICSI bank detail are:

Barclays Bank
Account Name Institute of Clay Shooting Instructors
Bank Sort Code 20 - 52 - 74
Account Number 70515469

Launch of New ICSI Website

Over the past month your Council and contractors have been working to develop a new and improved website which members will find easier to navigate, allow them to edit their own profile, pay their subscriptions and shop item, book and pay for courses and access information and News Shots.

For the public it will provide a site where they can find an instructor or coach based on google maps, view their profile and, if they wish, contact the instructor or coach.

We are due to launch this new website before the AGM and ***for those you who have registered with the existing web site, your log in details will remain the same.*** **For those who have not yet registered with the web site, you will receive a username and password via an email with the next week.** Everyone will receive an email once the website goes live so that you may log onto the members area, edit your profile, and explore the site.

The profile page allows you to upload a personal picture, please upload a portrait of yourself, (no hats, ear defenders, shooting glasses or guns and please do not edit the background picture.).

Something to Watch.....

For those of you who couldn't make the Great British Shooting Show at the NEC Birmingham this year, here are two YouTube videos from the show. Both feature the launch of the 2022 Browning B525 Sporter.

<https://youtu.be/uJhElzvHpw4>

<https://youtu.be/yUaRrw7mECw>

Continued



WORKSHOPS AND CONTINUED PROFESSIONAL DEVELOPMENT

A program of progressive development workshops is available. These focus on the 'Coaching Process', specifically the utilisation of a systematic and disciplined approach along with its practical application -

1. Coach and Instructor Development Day – Monday 14th March, Oakedge, Shooting Ground Staffordshire

Historically a well-received workshop, with a good mix of both theoretical and practical content - suitable for all levels of instructors and coaches.

Open to non-members. ICSI first year membership subscription included in non-member candidates course fees (providing the appropriate joining criteria is met).

This workshop is now full, and a waiting list has been prepared

2. Coach and Instructor Development Day (Follow up) – Monday 21st March, Kibworth Shooting Ground, Leicestershire

Designed for candidates wishing to refine the various aspects gathered in the preceding workshop, returning once they have had the chance to 'try them on for size'.

This workshop, at the time of writing, has 2 places remaining.

Please contact Jason Rowntree on coachdevelopment@icsi.org.uk for more information or to book a place.

EXTERNAL VISITS

Paul Dancer continues to try to source visits for the New Year, but many organisations are re-introducing measures to protect their staff from Covid.

ICSI Online Shop

The online shop is presently still under construction within the new website

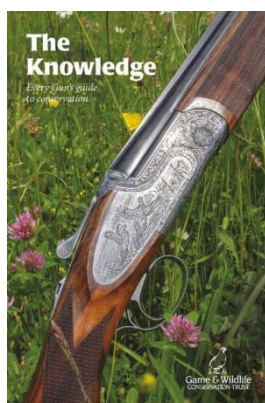
At present if you would like to purchase any shop items please contact Jason Rowntree

Email shopsales@icsi.org.uk

Merchandise	Description	Price including P&P (UK only)
Book	Game Cons	£13.00
Badges	Pin	£10.00

Continued

	Square	£5.00
	Sheild	£5.00
	Bullion	£12.50
	Round	£5.00
	Loaders	£10.00
Tie	Blue	£12.50



FINALLY.....

I am sure you have a tale or two related to your coaching experiences or information you have heard which would be of interest to other members or a photograph which would be good to share. Please send them to me for inclusion in News Shots on icsimembership@gmail.com

If there are seminars which you would find useful and know of a provider please let Simon Arbuckle know and we shall investigate if it is possible to provide a zoom seminar.

Continued