



News Shots

Institute of Clay Shooting Instructors

6th February 2023
Issue 2 2023

A NEW LOOK FOR 2023

SUBSCRIPTIONS DUE IN MARCH

In mid February members will receive an email with an attached Invoice for their subscription for 2023-24. Many of you will have set up standing orders with your bank and the subscriptions for 2023-24 remain unchanged at £50 for Associates, £60 for Members and £70 for Fellows.

As well as paying by standing order you can pay by Bank Transfer or via the Website and PayPal. For Bank Transfers please see the Institutes Bank Details listed below.

Using email invoices will save the Institute over £400 in postage and printing costs and help keep the membership subscriptions down and allow the Institute to host Zoom presentations and fund the many Workshops and Clinics now provided for members.

If you are paying by cheque please print your name on the reverse together with your membership number. When paying by Bank Transfer please use your membership number as a reference.

Bank Details

Barclays Bank

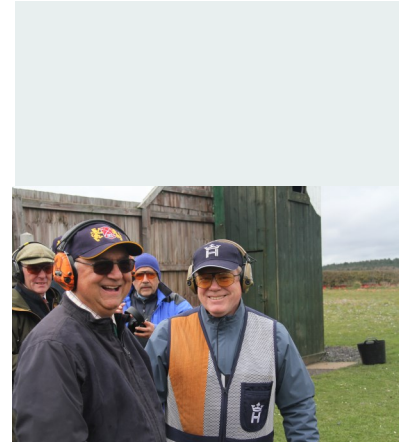
Account Name	Institute of Clay Shooting Instructors
Bank Sort Code	20 - 52 - 74
Account Number	70515469

IBAN	GB76 BARC 2052 7470 5154 69
SWIFTBIC	BARCGB22

INSTITUTE AGM

The AGM will take place on Monday 20th March 2023. It booked to take place at Nottingham and District Gun Club with the AGM starting at 11:00. After lunch we hope to have a speaker and demonstration but at present we are still awaiting confirmation of this. It is hoped that as many members as possible will attend and as usual it is great to see, face to face, the members of the Institute, share stories and catch up with friendships.

Once we have finalised the details I shall email members confirming the details and asking you to "book" a place so that we may arrange catering for lunch.



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PAUL DANCER –BRITISH TARGET SPRINT COACH

For the past few years not only has Paul Dancer been working as a Clay Shooting Coach, he has also been a British Shooting Target Sprint Coach. This discipline combines sprint running with air gun shooting. Competitors run 400meters then try to shoot 5 knock-down targets with a air rifle with up to 15 pellets and then run a further 400 meters and again shoot 5 targets and then another 400 meters to a finish line.

Paul recently attended the British Shooting Awards at the Royal Armouries in Leeds. Although he did not receive an award on this occasion he used the opportunity to network with the Royal Armouries. We hope to have more information regarding a visit in the Near future

“The harder I practice the luckier I get” Gary Player

WINNERS 2022

Junior Olympic Trap Athlete of the Year

Maddie Purser and Tom Betts (awarded jointly) – For a brilliant mixed pairs European Championships Junior Bronze and continuing to show great progress in scores and being a big part of the National Academy.

Junior Olympic Skeet Athlete of the Year

Mitchell Brooker Smith and Sophie Herrmann (awarded jointly) – for their incredible performances on the world stage including being Junior European and World Mixed Team Champions.

Olympic Shooter of the Year

Amber Hill for securing an Olympic quota place, cementing her place as World Number One and winning medals at every competition she's competed in.

BRITISH SHOOTING AWARDS 2022

GB's shooting team kicked off 2023 in style at the British Shooting Awards in Leeds.

Held at the Royal Armouries Museum, athletes, support staff, sponsors, families and friends all gathered to celebrate what truly was an incredible 2022.

With 36 different athletes winning a total of 86 medals at major and Grand Prix events, competition was tough for the award winners throughout the evening.

There were award categories for Junior and Pathway Athletes, Target Sprint athletes, Para Trap athletes, Paralympic Shooter of the Year, and Olympic Shooter of the Year.

There were also awards for social impact, teamwork, #TargetChange and coaching.

We'd like to thank every one of those who attended and would also like to extend a special thanks to our sponsors Clays Bar, Commsquest and MacLennan Associates who's support allowed us to make it a really special night.

Congratulations to the winners of each award:



Coach Development Workshop

DEVELOPMENT WORKSHOPS AND CLINICS

Coach and Instructor Development Workshop Calendar

Coach and Instructor Development (Follow on)

Kibworth Shooting Ground, Leicestershire

3rd April 2023

Observational and Interpretational Development

Oakedge Shooting Ground Staffordshire

6th March 2023

Olympic Skeet Coaching Workshop

East Yorkshire Target Centre

13th April 2023

Clinics

Gun Fit and Eye Dominance Clinic

Venue and Date to be Confirmed

Please visit the Institute website for details and to book a place.

DEVELOPMENT

WORKSHOPS 2023

These are currently hosted jointly by full time professional coaches: **Jason Rowntree** (CPSA Senior Coach, Course Tutor and Assessor).

John Robinson (Head Coach Commonwealth Games and ISSF International Coach).
John Cullinan (Head Coach at Kibworth Shooting Ground)

A program of **three** progressive development workshops are available. These focus on The '**Coaching Process**', specifically the utilisation of a systematic and disciplined approach along with its practical application -

Coach and Instructor Development Day

Historically a well-received workshop, with a good mix of both theoretical and practical content - suitable for all levels of instructors and coaches. **Open to non-members.** ICSI first year membership subscription included in non-member candidates course fees (providing the appropriate joining criteria is met - please follow link here to learn more).

Coach and Instructor Development Day (Follow)

Designed for candidates wishing to refine the various aspects gathered in the preceding workshop, returning once they have had the chance to 'try them on for size'.

Observation and Interpretation Workshop

A follow up to the Development Workshops. Working on Observing the shooting process and then interpreting what you have observed. The workshop uses video to play back the shooting process and aid interpretation.

THE ROYAL ARMY PHYSICAL EDUCATION CORPS

Royal Army Physical Training Corps Instructors (RAPTCIs) generally serve as detached personnel within most units across the Army. They are tasked by their Commanding Officers with the responsibility of maintaining the physical fitness of their soldiers in preparation for Military Operations. This requires a high level of knowledge and experience in order to design and implement a physical training regime which complements the Unit role and training cycle.

In addition to their physical training specialisation, RAPTCIs also have the opportunity to specialise in Adventurous Training and Exercise Rehabilitation.

THROUGH THE YEARS

The Royal Army Physical Training Corps began life as the Army Gymnastic Staff in 1860 following the Crimean War. Since then, the Corps reputation has grown through the key role it has played in developing and maintaining soldiers' physical readiness for Military Operations. It keeps the Army 'Fit to Fight'.

ZOOM SEMINAR BOOK NOW!

During lockdown the ICSI Zoom Seminars proved really popular and attracted large numbers. In recent months, with people getting back to normal working and many people trying to make up for lost time, it has been difficult to get people to commit to providing a topic for a Zoom seminar.

However, recently Simon Arbuckle has managed to twist the wrist of a member of the Royal Army Physical Training Corps to provide a Zoom session on Nutrition and Fitness related to shooting.

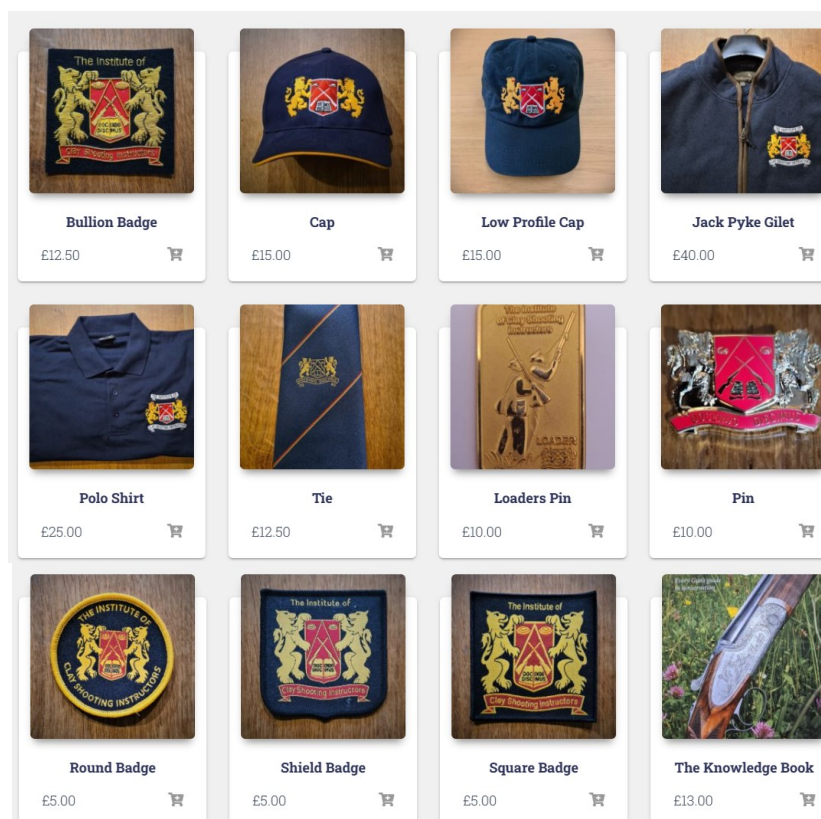
WO1 Steve Hughes will talk on warm up exercises, nutrition and hydration to help shooters.

This will be on Monday 13th February at 1700 hrs.

To book a place email me on icsi.zoomreply@gmail.com Links will be sent out on Sunday 12th Feb after 1900hrs

Caption describing picture or graphic

ICSI SHOP



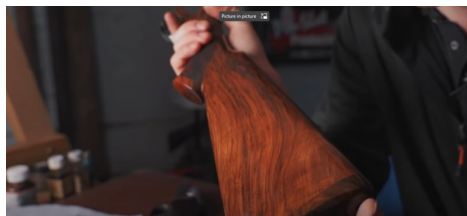
Please visit the ICSI Website to purchase any of the items shown above.

SOMETHING TO WATCH



<https://youtu.be/sZ8Vc2tXZ48>

The Great British Shooting Show 2023 Preview



Looking after your stock and woodwork. Jonny of TSC looks at how to look after your wood.

<https://youtu.be/kOD9lUZFTBU>

NEW MEMBER AND FIRST ICSI WORKSHOP



New Member Richard Bodley-Scott receives his membership certificate from Chairman John Robinson at the recent Coach and Instructor Development Workshop at Oak-edge Shooting Ground. Having just joined the Institute Richard attended his first Institute workshop.

Richard and his daughter both shoot Olympic Skeet. Living near Bisley he is ideally situated to take advantage of the National Centres facilities.

He thoroughly enjoyed his first ICSI workshop.

COUNTRY FAIRS & SHOWS 2023

Great British Shooting Show

NEC Birmingham

Feb 17th –19th 2023

Northern Shooting Show

Yorkshire Events

Centre Harrogate

6th—7th May 2023

The Game Fair

Ragley Hall, Warwickshire

28th –30th July 2023

Kelmarsh Country Fair

Kelmarsh

9th –10th April 2023

Highclere Show

Highclere

28th-29th May 2023

Weston Park Country Fair

Weston P Park

16th –17th September 2023

THE INSTITUTE OF CLAY SHOOTING INSTRUCTORS

Founded in 1987, The Institute of Clay Shooting Instructors is a formal, non-profit making organisation serving Clay Shooting Coaches and Instructors.

The 'Aim' of the Institute is to deliver 'Continuous Professional Development' for the membership at all levels, through a variety of channels.

The 'Objectives' of the Institute are set to provide resources and opportunities that allow individuals to progress their skillsets in coaching, within a mutually supportive network.

AND FINALLY.....

As we finish another game season we eagerly await another clay season. The ESWC at Churchills appears to be fully booked with extra days added and the British Open bookings are filling up rapidly. If this is indicative of the season ahead then there should be more work for good coaches..

On the game shooting side the rumours about about the next season and the worries around the spread of bird flu, let us hope they are just idle rumours.

Remember to send in stories of your coaching, we can all benefit from the experiences of others so share the knowledge.

Please let me know what you think of the new format, constructive feedback is always welcome.

Enjoy your coaching.

STOP PRESS.....INSTRUCTOR AND COACH DEVELOPMENT WORKSHOP



Today, seven members attended the Coach and Instructors Development Workshop at Oakedge Shooting ground.

Working on the shooting process and working in groups of 2 or 3 with a tutor, participants practiced the theory they had discussed in the classroom. Travelling

from the South coast and from Scotland, Yorkshire and the Midlands the participants all agreed that the workshop was well worth the travel and as one participant stated, "inspirational".

We hope to bring you comments from the participants in the next issue.

ICSI Council
Chairman: John Robinson
Treasurer: Dr Malcolm Plant
Registrar & Membership: John Cullinan
Courses & Shop: Jason Rowntree
Zoom Seminars: Simon Arbuckle
CPSA Links: Steve Williams
Game Loaders Course: Andrew Kirkland
Keith Stoker

