



# News Shots

## Institute of Clay Shooting Instructors

17th April 2023  
Issue 7 2023

### INSTITUTE OLYMPIC SKEET WORKSHOP

Member Frank Miller recently provided a ICSI Workshop on the coaching of Olympic Skeet at the East Yorkshire Target Centre near Beverley. Frank, who is a GB OSK Team Member and regularly coaches OSK introduced 5 Institute members to the processes of coaching Olympic Skeet.

Below we have a report from John Peacock Hon. F.I.C.S.I. who attended the workshop,

I recently attended the: Olympic Skeet Coaching Workshop, 13th April 2023 at East Yorkshire Clay Target Centre, as it peaked my interest in the biomechanical and gun mounting aspect of Olympic Skeet.

#### **Tutor Delivery. Classroom.**

Mr. F. Miller M.I.C.S.I. Delivery was of excellent quality, and the information supplied, in handout format, being of informative /appropriate level to Non/ and Olympic Skeet shooters, of which the workshop drew.

Furthermore Frank's explanations/demonstrations during the classroom session where great, not moving forward until all questions where answered.

#### **On Range Coaching.**

Took the same model as the classroom,

Everyone participated in shooting Olympic Skeet, Stations demonstrated by Frank, then all Workshop attendees participated, under watchful eye of Frank, who coached, excellently, answering any questions that were highlighted.

#### **Time Allocated.**

To Classroom via On Range : Superb.

#### **Closing comments**

For myself, this Workshop shows the ability of the Institute Clay Shooting Instructors in updating, transferring and sharing knowledge in all areas of Coaching, irrespective of discipline shot.



There is always something to learn,

**"Every day is a School day,  
We are only as strong as our  
Weakest link"**

### THIS WEEK...

**Request for response to visit suggestions**

**Development Workshops and Report on OSK Workshop**

**Members report on Simulated Game Day**

**ICSI Shop**

**Something to watch**

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## INSTITUTE VISITS

For some years Paul Dancer has been organising visits for Institute members to a variety of shooting related venues. Paul continues to seek out places which will be of interest to our members but in recent years it has been hard to find places which will allow visitors and when he has found suitable places the response from members has been understandably lower than in pre-Covid

In the last issue of News Shots I asked if members would indicate if they would be interested in any of the visits or venues which Paul has made tentative approaches.

My Thanks to those of you who took the time to respond, however as to date only a small number of members have responded and shown any interest in these visits.

If you are at all interested in any of the visits please let me know. To remind you the suggested visits are to

- ◆ Wesley Richards Gunmakers (Birmingham)
- ◆ The Royal Armouries Leeds (behind the scenes) (Leeds)
- ◆ Midland Gun Services (Shrewsbury)
- ◆ Cartridge Manufacturers (Tamworth, Birmingham, Hull)
- ◆ Longthorne Gunmakers (Northampton)
- ◆ Birmingham Proof House (Birmingham)

To register your interest in any of the above visits please email to:

[lcsi.zoomreply@gmail.com](mailto:lcsi.zoomreply@gmail.com)

**If you have a place you think we should visit let me know on the above email and I shall let Paul Dancer know. He can usually persuade venues to let us visit at a reasonable cost.**



## DEVELOPMENT WORKSHOPS AND CLINICS



**Council continue to offer a range of workshops and clinics to help the members of the Institute become the best they can be.**

**Our workshops are not assessments but practical opportunities for members to develop and share their skills and talents.**

**We continue to provide workshops at cost, trying to break even. For this we**

Dates and venues for the above workshops will be published once we have confirmed dates and venues with the various shooting ground which support the Institute.



To book a place on a workshop or clinic please visit the web site:

[Courses – ICSI](#)

## SOMETHING TO WATCH

Perhaps the answer for those with fixed choke guns?

<https://youtu.be/96gC57jqa88>

From Canada, a video explaining chokes!

<https://youtu.be/Bygai4nQaQo>

### **Just Cartridges Competition.**

Your chance to win 250 cartridges by entering their prize draw (CPSA Members only I'm afraid!)

[Just Cartridges | Shotgun Cartridges Delivered Nationwide](#)

## DEVELOPMENT

### WORKSHOPS 2023

These are currently hosted jointly by full time professional coaches: **Jason Rowntree** (CPSA Senior Coach, Course Tutor and Assessor).

**John Robinson** (Head Coach Commonwealth Games and ISSF International Coach).

**John Cullinan** (Head Coach at Kibworth Shooting Ground)

A program of progressive development workshops are available. These focus on The '**Coaching Process**', specifically the utilisation of a systematic and disciplined approach along with its practical application -

### **Coach and Instructor Development Day**

Historically a well-received workshop, with a good mix of both theoretical and practical content - suitable for all levels of instructors and coaches. **Open to non-members.** ICSI first year membership subscription included in non-member candidates course fees (providing the appropriate joining criteria is met - please follow link here to learn more).

### **Coach and Instructor Development Day (Follow)**

Designed for candidates wishing to refine the various aspects gathered in the preceding workshop, returning once they have had the chance to 'try them on for size'.

### **Observation and Interpretation Workshop**

A follow up to the Development Workshops. Working on Observing the shooting process and then interpreting what you have observed. The workshop uses video to play back the shooting process and aid interpretation.



## SIMULATED GAME SHOOTING

Member Russ Dickinson recently organised a simulated game day for some of the clients he has been coaching at Thimbleby in North Yorkshire. An introduction to game shooting for some and an opportunity to practice for others, Russ organised the day to meet their needs and provide an opportunity to boost their confidence.

Russ writes:

Grimston Simulated Game Shoot 14.04.2023.

My background in the shooting sports is rooted in game shooting. A few years ago I was introduced to simulated game shooting at a farm belonging to some friends, since that time I have become much more involved in this branch of the sport, to the point where, that's my main interest lies.

A few of the people I have taught have heard me enthusing about sim shooting and have asked me how they enter the sport, many only ever having shot within a cage at a clay ground. This caused me to think about how I could approach this, to effectively teach them a different skill set.

I am fortunate in that both John Shields and Liam French who run Grimston Simulated Game shoot nr Tadcaster North Yorks, are good friends of mine. Initially I chatted about the feasibility of organising a day specifically for beginners, some of whom had less than a year shooting experience. What I needed was a lead into this type of shooting where the shooter isn't standing in a cage.

There are some clay grounds that have the facility to shoot multiple driven targets from one stand without a cage also some have grouse butts with a 6 trap game trailer throwing driven clays. I considered this a good starting point and encouraged interested parties to come practice on that type of layout.

A few weeks ago, I had a day out at Grimston with my two friends and looked at what would be considered a standard day. I have personally shot all of the drives the guns experienced on that particular day and having discussed the format of the day with John and Liam, we agreed that the level of difficulty would be too great for a beginner shooter.

What I wanted was to provide success for each of the shooters from the first drive, making each of the drives progressively more difficult by altering the angle and speed of the clays as the day unfolded.

We decided that the first drive would be very easy and to use that as a barometer to decide how to regulate the level of difficulty on the next drive. One option being to repeat the first drive from a different peg.

My objective was to get the participants to a level where they could shoot the grouse drive, building on what I had taught them previously.



I wanted to shoot on the day, so I asked a good friend of mine and institute member Chris Cottingham if he would be willing to come along and be on hand if any of the participants were experiencing problems.

The day was set for Friday 14<sup>th</sup> April. We met at the shoot hut on the estate and were greeted by bacon sandwiches and a cup of tea. John Shields conducted the shoot briefing. We had previously agreed that this would be in much more detail than usual, explaining the background to Simulated game shooting and how it replicated a day on driven pheasants and partridges. The safety aspect was covered within this briefing.

The first drive was a partridge drive. Liam had briefed the trappers to ease off the springs and set the clays a little higher than usual. They use steerable Promatic traps, the trappers each have a radio to enable them, on direction to vary the clays whilst the drive is in progress.

The first drive was a great success, the level of ability of all of the shooters being higher than we initially anticipated.

It was decided that the second drive would be pitched at a higher level than planned, and again the participants performed extremely well.

We returned to the shoot hut for elevenses and discussed with the guns how we thought we could develop the day. They chose to do a team flush competition. This is set up on a small area of the shoot and is a regular feature of Grimston sim days. A slab of cartridges is provided for the winning team. The results of this competition were not far off comparable to what we would expect of more experienced guns.

Such was the success of the day, at this stage it was decided to let them shoot the Grouse drive. John gave an additional safety briefing in relation to butt sticks and we ran the drive. Such was the success of this was that the trappers were able to wind up the spring tension of the traps and pitch the clays lower and faster than we had planned as the drive progressed. Even the trappers commented on how well the guns performed. I was pleased because it showed that the way I had approached the teaching of this type of target had worked.

The last drive was a high partridge drive. I have shot this particular drive in the recent past. The level of difficulty was no different to that seen on a regular sim day. Again the shooters performed to a very high standard.

The day was rounded off by a lovely meal back at the shoot hut.

In conclusion, every one of the guns said that they had enjoyed the day enormously and all said that they want to continue in that particular aspect of the sport. Both Liam and John congratulated the guns on their high level of achievement.

I wish to thank John and Liam for working with me to organise such a successful day. Chris Cottingham for his support throughout the day. Also to my wife Sue and Liz Fenn for the support they gave to the lady participants.



## THE INSTITUTE OF CLAY SHOOTING INSTRUCTORS

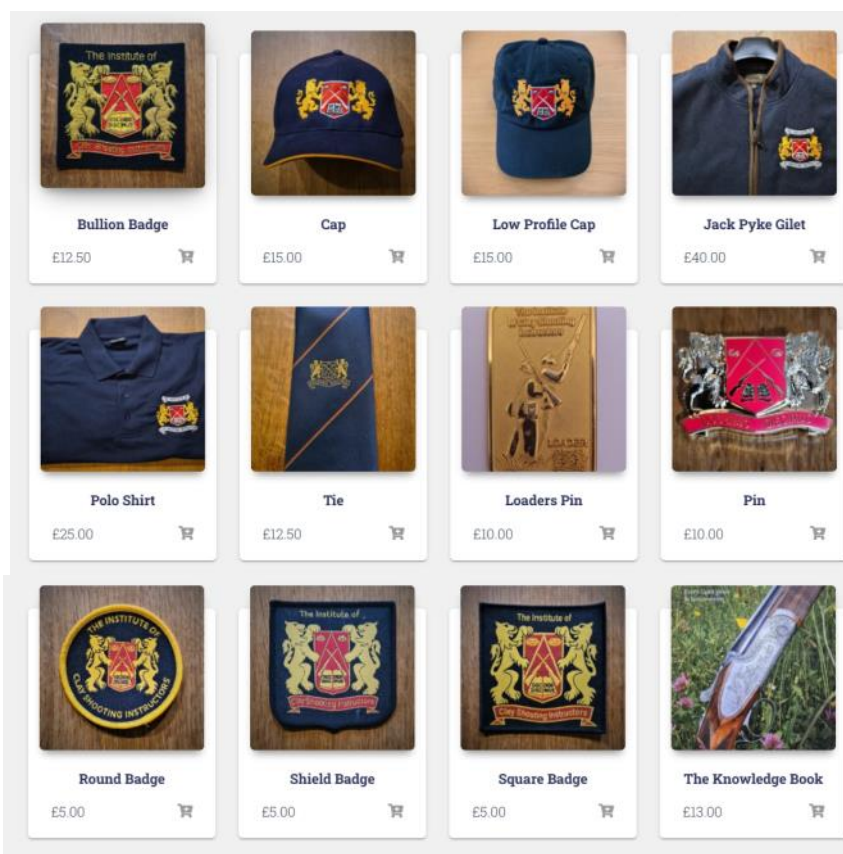
Founded in 1987, The Institute of Clay Shooting Instructors is a formal, non-profit making organisation serving Clay Shooting Coaches and Instructors.

The 'Aim' of the Institute is to deliver 'Continuous Professional Development' for the membership at all levels, through a variety of channels.

The 'Objectives' of the Institute are set to provide resources and opportunities that allow individuals to progress their skillsets in coaching, within a mutually supportive network.

ICSI Council  
Chairman: John Robinson  
Treasurer: Dr Malcolm Plant  
Registrar & Membership: John Cullinan  
Courses & Shop: Jason Rowntree  
Zoom Seminars: Simon Arbuckle  
CPSA Links: Steve Williams  
Game Loaders Course: Andrew Kirkland  
Keith Stoker

## ICSI MERCHANDISE—WEB SITE SHOP



## AND FINALLY.....

Thanks to John Peacock for his timely report on the OSK Workshop and to Russ Dickinson for his excellent report on his recent Simulated Game day

If you have anything related to your activities as a coach or shooter that you think might be of interest to other shooters and coaches please send it in. It may be a funny incident, a snippet picked up in a gun shop or from a Police Enquiry Officer or from a ground owner or client. It may be a funny picture and an unusual picture.

Remember, this is your Institute.

